

## Foot Clinic Kelowna

Foot Clinic Kelowna - The number of motor vehicle accidents in Canada number more than 8,000,000 per year. The majority of victims of low-impact car accidents normally do not seek whichever medical care. Of these over 60 percent report no injury. This is disturbing because the long-term effects of low force impact could result in Low Velocity Impact and Whiplash (or likewise called LVW), a symptom complex developing as a delayed response to accident trauma.

The old saying "if it ain't broke, don't fix it" is not true in this situation. Present symptoms might have been caused by previous past accident if these injuries are left untreated. Present research supports the idea that low speed accidents do indeed lead to a lot of issues, some of them lifelong if not corrected.

Amongst the more common reasons people seek chiropractic care is because of Motor Vehicle Accidents (or otherwise known as MVA), according to the Canadian Chiropractic Association. Injuries caused by past MVA could lead to structural breakdowns and degenerative changes that could sooner or later lead to the LVW condition. LVW is when the body is at rest and upright in the seat when an unexpected impact, either by acceleration (being hit by another object) or deceleration (hitting an object) takes place.

In the first stage of LVW, the head is to remain stationary with some movement of the lower torso. During the second phase, force transcends up the spine moving the head and the torso in opposite directions. Injury is inflicted to the side of the neck opposite the direction of force. In the third stage the accident culminates with the head and upper back rebounding toward the direction of force due to the seat restraint. This often results in injury to the opposite side of the neck.