

## Kelowna Pain Clinic

Kelowna Pain Clinic - The misalignment of one or more vertebrae in the spinal column is referred to as a vertebral subluxation. Chiropractors know that these misalignments can produce various indications and health conditions. A chiropractor's diagnosis of a vertebral subluxation should not be confused with a different kind of health professional's diagnosis of a spinal subluxation.

Chiropractic is based on the premise that a host of conditions can develop involving different muscle groups, nerve functions, and bodily organs due to the misalignment of the skeletal structure. Vertebral subluxations could appear to be quite small, but may be creating several health issues within the body that do not necessarily appear to be related to each other.

In order to determine the presence of vertebral subluxations, chiropractors rely upon X-rays and physical examinations. The intention of the chiropractor is to find whatever sections of the spinal column that are not in alignment, leading to pain when touched. The chiropractor's physical exam will even include testing the person's range of motion.

Once the chiropractor has made a diagnosis of vertebral subluxation, he or she will utilize a series of methods so as to adjust the spinal column and help to restore proper alignment. Since vertebral subluxations occur gradually over a long time period, the restoration of right alignment can likewise take time to attain and numerous sessions will commonly be necessary. As the treatments progress, the individual should experience a lessening of signs.

Not all health care professionals consider vertebral subluxations to be the cause of various signs all over the body. If this were the situation, the chiropractic method would be ineffectual at correcting problems. However, chiropractic patients have noted a variety of health improvements varying from the alleviation of nasal congestion to elimination of muscle tingling.